

# Group Fitness Schedule

June 2018



Mon

Tue

Wed

Thu

Fri



**STEP**

12:15pm-12:45pm  
Reggie



**YOGA @ LABYRINTH**

11:15am-12:00pm  
Christine

**FREE**



**BOOTCAMP**

12:15pm-12:45pm  
Christine



**PILATES**

12:45pm-1:15pm  
Reggie

**FREE**



**POWER SCULPT**

12:15pm-1:00pm  
Christine



**CARDIO MASH-UP**

12:15pm-12:45pm  
Reggie



**IRON YOGA**

12:45pm-1:15pm  
Christine



**YIN-YASA YOGA**

5:30pm-6:30pm  
Christine



**ABS**

12:45pm-1:00pm  
Reggie



**PILATES**

5:30pm-6:15pm  
Reggie

**FREE**



Johns Hopkins Bayview Fitness Center  
MFL Building~Center Tower~Suite 2100

[www.jhmifitness.com](http://www.jhmifitness.com)

410-550-1690 main

Effective 6/4/2018

